

what would you love to be great at?

Our qualifications will help you
pursue your passion as your career.

- Business Administration
- NZIM Diploma in Management*
- Diploma in Business*
- Diploma in WWW Page Programming & Design
- Diploma in Software Engineering & Design
- Diploma in Performance Music
- National Certificate in Early Childhood
Education & Care
- Diploma of Counselling**
- Diploma in Ministry*

* Distance options available

• Minimum entry age 24 years.

0800 834 834

FREEPHONE 0800 834 834
www.visioncollege.ac.nz

This Course Will Be Held At:

Vision College
334 Manchester Street
CHRISTCHURCH
Tel: (03) 377 2364
Facsimile: (03) 366 9271
Email: star.info@visioncollege.ac.nz

How To Find Us



SHORT COURSE 2011
Eligible For STAR Funding



Personal Motivation

15th-18th March
24th-27th May
21st-24th June
16th-19th August



pursue your passion!

atc visioncollege
NEW ZEALAND

CALL FREE NOW **0800 834 834**
txt your name to **027 55 STUDY**
www.visioncollege.ac.nz

Christchurch Campus - 334 Manchester St, Christchurch

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NEW ZEALAND

A division of ATC New Zealand (Est. 1984) NZQA Accredited

SHORT COURSE 2011
Eligible For **STAR** Funding



Personal Motivation

This course is designed to meet the individual needs of those who attend and focuses on enhancing self-esteem and confidence levels. It well suited to those who may be classified as “at risk”.

When & Where

Tuesday - Friday. 8:45am - 4:00pm

15th - 18th March 2011

24th - 27th May 2011

21st - 24th June 2011

16th - 19th August 2011

Vision College, 334 Manchester Street
Christchurch, Tel: (03) 377-2364

Overall Aim

To assist students to enhance their self esteem, raise their confidence level, and develop healthier lifestyles.

Topics Covered

- **Learning Techniques**
Ways to make learning easier and more interesting
- **Independence**
Learning to make decisions and being responsible for them
- **Confidence**
Ways to gain and keep confidence
- **Healthy Communication**
Various ways to communicate
- **Stress management**
How to deal with daily stress
- **Healthy Lifestyles**
Healthy living—food, cleanliness
- **Feelings Management**
What you are feeling and why

Unit Standards Covered

On the completion of the assessment for this course you will achieve:

US62—Maintain Personal Presentation in the workplace
Level: 2 Credit: 3

Your Application

If you are interested in this course, please contact your Transition/Careers Advice Department to complete an application form.

Acceptance of student places is generally on a first-in first-served basis, **so be quick, you don't want to miss this exciting opportunity.**

Transition/Careers Advice Department.
Please fax/email student applications to our Marketing Department:

Brian Watts. Fax (03) 366 9271
Email: star.info@visioncollege.ac.nz



Who is Vision College?

Vision College is a division of ATC New Zealand which was established in 1984 and provides NZQA accredited courses in several centres around New Zealand. ATC New Zealand also produces the ‘Instant’ brand of teaching and assessment resources, used in most New Zealand secondary schools.

